On a Friday wyt3 milde mod
Godes sone tok fleus and blod
Of þe maide mari
Wy3-oute wem of here bode
þe vyfte resoun, i telle 3ou biforn
On a frid nyht godes sone wa3 born
Of þe holi virgine
To brigge man fro helle pine
þe syxte resoun is of a vair enprise
How ihesu cristi was circumjisised.
O-pon a Friday furst gan blede
For þe gilte of ooure misdede
And for þe gilte of adam and eue
þe blod was bled for ooure <ill><1 word></ill>
<ill><2 words></ill>
How sainte steue godes marter
Opon a+friday was staned to ded
þurw herowd and his false red
þe eyhte resoun i may 3ow telle
3e þat willen a+stounde dwelle
On a+friday seynt Johan ye baptyst
Was martird for þe loue of ihesu cryst
Jn heruest after þe assumpcioun
þe dey is cleped þe decollacioun
þe nyþe resoun is fol goud
How godes sone was don on rod
On a friday as i þe telle
He bouhte mannes soule owt of hel
þanne is þe tenþe resoun
Of oure leuedyes assumpcioun
On a freiday hee 3eld þe gast
To hire sone þat he loued mast
And now in heuene þat virgine is
Bodi and soule for-sothe iwys
Þer he is kyng hi is quen
Blessed mote yat time ben
Þe euleueþe resoun is fol trewe
Of ye holi apostel seinte andrewæ
On a+friday was don on croyes
To god he cryede wy3 a+mylde voy3
And saide fader in trinite
Þis passiouyn i suffre for þe
Þe twelþe resoun wy3 a+mylde mod
Wy3 fol gret solemmpete
Þe þriteenþe resoun is verement
Wy3 fol gret solemmpete
On a+friday wy3 drery mod
Þar-fore haue friday man in yi mynde
Vor þise þriteene resouns i-write we finde
þat fri day is a+day of chaunce
best to faste an do penaunce
þe saterday after siker-ly
to faste for loue of mary
Þur3 hire we weren of bale on-bounde
Yblessed be yat ilche stounde