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<Text: Treatises on complexions and physiognomy, The Thirty Days of the Moon>

### <Tranche 1>

<fol. 216v><line 3>**The iiije tymes of the yeer~**

The firste of theym ys called ver that ys spryngyng~ tyme .

The secunde ys called <exp>somer</exp> Estas that somer .

The thridde ys called *Autumpnus* . that ys Harvyst .

The iiije ys called Yemps . that ys wynter .

Ver ys hote and moyst . Estas ys hote and drye . *Autumpnus*

ys colde and drye . Yemps ys colde and moyst ..

Coleryk folk beth well yn ver wynter and hervyst

and evyll yn somer .

Sangwyn~ folk beth yvell yn ver and well yn somer~

hervyst and wynter ..

Flewmatyk folk beth yvell awynter and well yn ver~

somer and hervyst ..

Malyncolye folk beth yvell yn hervyst and well yn ver~

somer and wynter ..

<indented> **The iiije Wyndys .**

Est wynde ys hote and moyst evyll for the sangwyn~ man~ ..

South wynde ys hote and drye evyll for the coleryk man~ ..

West wynde ys colde and moyst evyll for the flewmatyk~ man ..

North wynde ys colde and drye evyll for the Malyncolye man ..

Coleryk folk beth yvell whyle the wynde and the sonne beth

south but while they be . est . west . and north . they be well ..

Sangwyn folk beth evyll while the wynde and the sonne beth

est . but while they beth south west and north they be well .

Flewmatyk folk beth evyll while the wynde and the sonne beth

<fol. 217r>west but while they beth est south and north . they be well ..

Malyncolye folk beth evyll whyle the wynde and the sonne beth

north but while they beth south est and west they be well ..

Now ys to knowe that yn the day and nyght be xxiiij*ti* howrys  
 the+whiche xxiiij*ti* howrys be departyd ynto iiije partyes the+which  
 iiije partyes ys regnyng~ yn a+man~-ys body to serve the iiije com  
 plexiouns afore-saide and euery of hem haue vje howrys as thus ..  
 Blode regnyth theise vj howrys fro iiije at the klokke after myd  
 nyght vnto ix*e* at the klokke byfore none for as blode ys hote and  
 moyst so ys that party of the day hote and moyst ..  
 Colour~ regnyth theise vje howrys fro ix*e* at the klokke byfore none  
 vnto iiije at the klokke after none . for colour~ ys hote and drye and  
 so ys that party of the day hote and drye ..  
 Malyncolye regnyth theise vje howrys fro iiije at the klokke after  
 none vnto ix*e* at the klokke byfore mydnyght . for malyncolye ys colde  
 and drye and so ys that party of the day colde and drye ..  
 Flewme regnyth theise vie howrys fro ix*e* at the klokke byfore  
 mydnyght vnto iiije at the klokke after mydnyght . for flewme ys  
 colde and moyst and so ys that party of the nyght colde and moyst ..

### **To knowe by phisonomye the condiciouns of dyuers people**

Here folwyth certeyn~ rewles to knowe by phisonomye whe that  
 ye loke yn a+man~ or womman~ of what condiciou~ they be and of what  
 natur~ by experiens ..  
 Alexander the grete conquerour~ yn al his werrys was yrewled  
 by Arystotyll the wysest Philosophour~ that euer was of that sciens  
 The whiche Arystotyll when he ne myght no lenger walke for age  
 he wrote many bokes vnto kynge Alexander where-by he sholde  
 <fol. 217v>gouerne hym amonge his enemyes of the whiche he wrote one of  
 phisonomye that Alexander myght knowe by syght the condicion~  
 of men when he sawe them of the whiche phisonomye here fol  
 with sum rewlys And Arystotyll saith yn the tyme of ypocras  
 ther was a philosophour~ that hight Philomon~ that was the cheif  
 Maister and the hiest doctour~ of this sciens yn ony place . The  
 disciple of ypocras payntyd the forme and the shappe of ypocras  
 yn parchemyn~ and bare hit to Philomon~ and seyde thus to hym  
 beholde this figure well and deme and shewe to vs the *qualyte*  
 of the complexiou~ of hit . And when he hadde wel byholde hit  
 he saide thus This man ys lycherous desaytus avarus and  
 lovyng~ lycherye . And for he saide so they wolde haue slayn hym  
 And they saide to hym thus O thow fole this ys the figure of  
 the worthiest and grettyst Philosophour~ of al this worlde . then

Philomon~ plesyd them and amendyd his sayng~ and saide þus  
 this ys the figur~ of the wyse ypocras . wher-for tempte ye  
 me thus with the figur~ of my Maister to asaye my scyens  
 Now haue j shewyd yow the qualite therof what j felyd by  
 my scyens . forth they went tyl they came to ypocras . then  
 they tolde hym what they hadde don~ and how philomon~ saide  
 to ham . Then saide ypocras trewly Philomon~ saide soth for  
 he myssed nothyng~ of the trowthe . netheles sithen j beheld and knew  
 the trowthe of my natur~ to theise thynges afore-saide longyng~ . j  
 disposed and ordend my saule to Almyghty god . and my body fro this  
 foule lustys .&c. Therfor saide Aristotyll thus to kynge Alexander  
 This ys the praysyng~ and the wysedome of the werk<sup>es</sup> of ypocras  
 For fysyke ys not ell but Abstynens and constreynyng~ of fowle  
 coveytous lustys Therfor Arystotyll ordend certayn~ rewlys of  
 <fol. 219r>Philomon~-ys scyens . the+whiche be profytable and compendiously she  
 with shortly a man-ys levyng~ . For colour that ys lyke leed and  
 fane colour that ys lyke yolow as falwe levys ys tokenyng~ of  
 lytell defyyng~ and no thyng~ trewe of worde and ys bowyng~  
 and <exp>buy</exp> buxum to vyces and lycherye . Jf ye se any persone  
 haunt to loke on yow and when ye loke on hym if he be sum  
 del agast ther-of and blenche namely yf ye be wroth if he  
 syketh and teerys shewith yn his yen~ that man or womman  
 loveth and dredeth yow . And yf ye se the contrary that he me  
 vyth his yen~ to and fro when ye talke with hym that body  
 despyseth yow and ys not trewe of his worde ne of his loue .  
 Be-war~ and right war~ of euery persone of yvell shappe or  
 yhurte yn eny lyme of his body whan he ys born~ ryght as  
 ye wolde be ware of your deedly enemye . What man that ys  
 evyn~ of statur~ and playn~ of makyng~ the+whiche ys yn the  
 mene that ys to saie not to longe ne to short and fayr~ rody  
 lerys with gray yen~ rounde vysage and blak heer with  
 holwenesse of body haue that man with yow for he ys trewe  
 and fewe of wordys but when nede ys and he wyll make pees .  
 Many herys softe and neisshe ys a sygne of buxumnesse and cold  
 nesse of brayn~ shamfast and dredfull . Many herys cromplyng~  
 and hard bytokeneth hasty hardy lyght wyful and lycherous .  
 Many herys vpon the brest and on~ the bely bytokeneth envyous  
 fyghtyng~ lovyng~ wronges and lyyng~ . Many herys vpon the  
 shuldres bytokeneth gret foly . A mene vysage not to gret ne to

smal with mene mouth and heed bytokeneth gentylnesse and ho  
 neste . A gret vysage bytokeneth vnpur~ and vnclene and covetous .  
 Grete yen~ with gret hongyng~ browes with mony herys bytokenep  
 wrechful gylous theffes wykked and vnfeithfull . Who so hath yen~  
 <fol. 219v>lyke an Asse . bytokeneth a fole and no thyng~ stedefast . Whos yen~ me<binding>  
 vyth swyftly he ys vnfeythful gylous and theffes . Whos yen~ bet<binding>  
 reed he ys hardy wylly Angry and myghty . That man ys worst  
 of al And most reprovabyl and most to be drad that hath spottes or  
 strackys yn his yen~ whyte or rede . Who that hath browys  
 growyng~ to the templys he ys an envyous man . A sharpe  
 nose and a smal bytokeneth wrethfull angry .<sup>[and]</sup> avarus . A  
 longe nose and straught to the mouth bytokeneth gentylnesse  
 trouthe and lovyng~ . A short nose lyke an Ape bytokeneth a+  
 shrewe and a+lyer~ . A nose with wyde nostrell bytokeneth  
 lycherous and dronklewe . A face that ys lene ryveled and  
 wrynked bytokeneth an evyl speker theffes and a pledour~ .  
 A mediokre face that ys to saie wel propoursned face with browes  
 and templys sumdel turnyng~ to fatnesse . bytokeneth stedefast  
 trewe wyse and lovyng~ . A fatte face with gret swellyng~  
 templys . bytokeneth lytell wyse selde plesyd and slowe .  
 A wyde mouth bytokeneth a fyghter and an evyll spekere  
 Grete lyppys and fatte . bytokeneth folly and lycherye . A man  
 that hath a forke <exp>b</exp> yn the forheed bytwyn~ the browes  
 bytokeneth a theif . A guttour vnder the nose straught to the  
 ouer lyppe bytokeneth a lychour~ and hasty . Gret erys and  
 longe bytokenyth a fole . Lytell erys and reed . bytokeneth  
 a theif~ and a+lychour~ . Erys yn the mene bytokeneth vertu .  
 He that spekyth hastily with a smal voyse and sharpe . betoke  
 neth vntrewe and lyyng~ And yf the voyse be grete . betokene<binding>  
 Angry wrecheful ouer trowyng~ and yvell of kynde . Ho that ha<binding>  
 a swete voyse ys envyous and suspecyous . A fair voyse bytok<binding>  
 neth folly vnwyssdom~ gret wylle and often-sydes lycherye .

## <Tranche 2>

<fol. 213v><line 4>**The xxx<sup>ti</sup> daies of the mone .**  
 Lordynges lasse and more ; lystneth alle to my lore .  
 And j shal yow telle byfore ; what tyme so a childe be bore  
 Of that childe what shal hym byfalle ; to his endyng~ and happys Alle .

And what bytokeneth *your* dremyng~ ; that ye metyn yn *your* slepyng~ .  
 Good or yvell or vanyte ; Al+to-gyder hyre shal ye .  
 And also what tyme ys good ; A+man or womman to+be lete blood .  
 Al thyng~ that ys to don~ than ; As saith the Jew to the *christen* man .  
 To teche yow j haue ythought ; What tyme ys good and what ys nought .  
 For by the mone with-oute lesyng~ ; Ys the rewle of all erthely thyng~ .  
 Ther-of berith holy wrytte wytnesse ; And owr~ fore-faderys as J gesse  
 Adam Eue and Abraham ; Jsaac and Jacob that come of tham .  
 Beryth wytnesse of this story ; For yt ys made ful trewly  
 And takyth en<exp>i</exp>sample by tham ; That oure fore-faderys prevyd han .  
 How we shal hyre high and low ; Our~ destnynges and our~ happis know .  
 Ther-for lordys J pray yow ; Lystneth to this begynnyng~ now .  
 The firste day of the mone Adam ; To this world our~ fore-fader cam  
 That day ys good with-outyn synne ; Al gode werkys to begynne .  
 The childe that ys born~ that day ; He shal be noble and wyse yn fay .  
 And longe lyue with-oute fayle ; But ofte he shal be yn gret *trauayle* .  
 Sadde of face and of hew fade ; That same day was Adam ymade .  
 To gret woo and to gret Evell ; To gret stryf~ and to gret perell .  
 So shal that same childe yn fay ; That ys born~ vpon~ that day .  
 Who so that day take seknesse ; He shal lye longe as J gesse .  
 And with gret payne scape he shal ; And therof al-way thonke god of all .  
 And what thow dremyst yn thy slepe ; God of his *mercy* therof take kepe .  
 For yt shal *turne* to Joye and blys ; wherof gof geve vs grace not to mysse .  
 And that day ys *Verry* good ; All+tyme theryn~ to be letyn~ blood .  
 <fol. 218r>To letyn~ blode yn no vayne ; Who so wyll be with-outyn payne .  
 The secunde day *profytable* ys ; Al thyng~ to do and make y-wys .  
 that day oure lorde gan Eue to make ; Of Adam-ys rybbe she was ytake .  
 Who so wyll wedde olde or yeyng~ ; That day ys nought to make weddyng~ .  
 Who so weddyn~ thenne a wyfe ; Thay shal haue a shrewyd lyfe .  
 And oftyn~ bothe care and woo ; So hadde Adam and Eue also .  
 Who so do eny thefte that day ; He shal be take ther-with yn fay .  
 What childe that day be born~ ; Many vertuys lyen~ hym befor~ .  
 A blessed body yt shal be ; Wyse and good and of herte fre .  
 Be yt mayde be yt knave ; Joy ynow hit shal haue .  
 And loue of man and of womman ; More of this telle J ne can .  
 And who so that day take seknesse ; He shal be sone hele as J gesse .  
 What so ye dreme that nyght ; Jt shal turne yow to Joye plyght .  
 And who so wyl that day blede ; Jt wyl helpe hym yf he haue nede .  
 The iij<sup>e</sup> day Caym~ was born~ ; What thyng~ thow dost þ<sup>t</sup> day ys lorn~ .

But thow serue *our* lorde heuyn~ kyng ; Therfor J rede yow olde and yeng~ .  
 That ye that day no thyng~ begynne ; For ye shal yt lese thurgh synne .  
 Caym~ for his synne ful evyn~ ; For his Apon~ þ<sup>t</sup> day lost þ<sup>e</sup> blysse of heuyn~ .  
 Who so that day taketh seknesse ; hit shal holde *hym* yn gret distresse .  
 That day ys not good oute to ryde ; Ne no hors to be-stryde .  
 Who so that day stelyth eny thyng~ ; Jt wyl *turne* *hym* to yvel chefyng~ .  
 What childe that day j-bore be ; Fals and covetous be shal he .  
 And loth to gyve the poore bred ; He shal dye yn wycked ded .  
 That thow dremyst *turneth* the to nou3t ; to lete blode be not yn thy thought .  
 For that day ys ful marvelous ; And right harde and perlous .  
 The iiij<sup>e</sup> day was born Abel ; That day thow myght boldly and well .  
 Al that thow wolt boldely begynne ; Out-take dedes that longeth to synne .  
 That day ys good myllys to byg~ ; And after hedys of watrys to dyg~ .  
 To opyn~ them and lete ham renne ; Bothe by felde and by fenne .  
 Who so ys born~ that day saun3 fayle ; He shal haue a+part of travayle  
 He shal be a+gret lychour~ ; And suffre many a sharpe shour~ .  
 <fol. 218v>But he shal wel ouerscapyn all ; And gret lechecraft shal to hym fall .  
 A gre<sup>t</sup> leche he shal be yn fay ; And who so that day do eny folay .  
 Or eny thefte the for to fle ; Sone deye or vanyssh shal he .  
 What thyng~ thow dremyst *yn* thy slepyng~ ; yt shal helpe the no thyng~ .  
 That day ys good for euery man ywys ; to passe the se with Marchaundys  
 That day for to lete the blood ; Js neither yvell ne good .  
 The v<sup>e</sup> day Abel made his offryng~ ; For his synnys to heuene kyng~ .  
 And Caym~ made his sacryfice ; That day falsly yn euery wyse .  
 That day ys not good to take ; Sacrifyce ther-on to make .  
 What childe that day yborn~ be ; He shal haue a+harde destyne  
 He shal be euermore sorful and mad ; And his lyfe with the devell lad .  
 Jn gret travell and yn synne ; And vnnethe fro hym wyne .  
 That day who so do eny trespasse ; He shal be take with the cas .  
 Who so that day seknesse haue ; Medecyn~ ne leche shal *hym* not saue .  
 Who that day to the se doth fare ; He were beter not to come thare  
 Thow that dremyst shal be certayn~ ; Tel thy dreame to no man yn vayn~ .  
 Jf thow wylt that day blede ; Abowte vndryn~ thow shalt best spede .  
 And loke that day thow do nought ; But thynges that nedys most be wrought .  
 The vj<sup>e</sup> day Nabor and Effrem ; Were lorn~ that noble men~ .  
 That day ys good and gracious to game ; For to hunte and bryddes to tame .  
 The childe that day born~ ys ; He shal be hardy bolde and wys .  
 Longe lyved gracious and good ; Blythe Joly and mery of mood .  
 And yf yt a mayde childe be ; worthy husboundys haue shal she .



Who so that day eny trespas do ; He shal ascape fair~ ther fro .  
 Who so that day seknesse fal yn ; Jt wyl be hard fro hit to wynne  
 Thow that dremyst soth wyl yt be ; Jn short tyme thow shalt se .  
 But loke thow tel yt to no man ; Neither yn earnest ne y gam .  
 And that day ys not good ; To lete no veyne blod .  
 And yf thow haue eny chaffar~ ; to the se let yt fare  
 Good to byen and to sylle ; And placys to byelde trewly to telle  
 The vij<sup>e</sup> day was Abbl slayn ; That day ys good soth to sayn~  
 <fol. 212r>Bestys to put yn pastur~ ; And to gyldyn~ borys that shal endure  
 What childe that day ybore be ; Good lyfe and longe haue shal he .  
 A lettryd clerk~ and wyse with-al ; Aventur~ of fyr~ shal hym byfal .  
 Who so that day stelyth ought ; be war~ hym he scapyth nought .  
 Who so that day eny man sle ; The same deth haue shal he .  
 And who that takyth seknesse that day ; jt shal sone passe away .  
 What thow dremyst yt shal be-tyde ; Though yt awhile abyde .  
 Jf yt betokyn~ ony wo ; Gode prayers may yt vndo .  
 That day ys good yf thow wylt blede ; to bye and sylle thow shalt wel <sup>[spede]</sup>  
 Good yt ys the se to pas ; Thankyd be god of his gode grace .  
 Jn that vyage ys wynnyng~ ; Who that aventuryth ony thyng~ .  
 The viij<sup>e</sup> day was born~ Matusale ; Þ<sup>t</sup> had whete and hony gret plente .  
 That day ys good yf thow knowe ; to hyve beys and sedys to sowe  
 The se to passe treuly to telle ; A wyfe to wedde to bye and sylle .  
 Jf thow haue be weddyd byfore ; And haue this day a childe ybore .  
 Be yt man or womman y-wys ; Thurgh lychery hit shal don~ amys .  
 And with the devell be <exp><1-2 chars></exp> temptyd and lad ; And of synne be sore adrad .  
 Jf thow that day ought a-mys do ; Therof thy name wyde shal go .  
 Yf thow that day seeknesse fonge ; Yt wyl go sone or laste longe .  
 That day a+house yf thow bylde ; fro fyre yt scapyth to selde .  
 Who so that day to scole be set ; for hym his kynne shal fare the bet .  
 Jf thow that day stele ought ; Awar the well thow scapyst nought .  
 Good or yvell wherof thy dreme be ; W<sup>t</sup>-ynne iiij<sup>e</sup> dayes þ<sup>u</sup> schalt yt se .  
 Pray to god yt turne to gode ; That day ys good to lete blode .